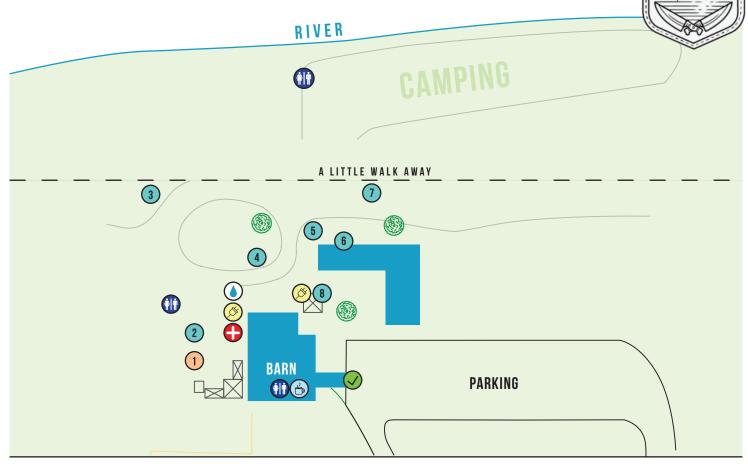
COOKS CAMP 2022

MAP + ITINERARY



TUESDAY

SEPTEMBER 13

Q	9:00 AM	CHECK IN OPENS
	NOON	CHECK IN CLOSES
3) NOON	MOUNTAIN VIEW YOGA
1) 1:00 PM	LUNCH
1	1:30 PM	OPENING CEREMONY
2	2:00 PM	BUTCHERY DEMONSTRATION +
		ANIMAL FABRICATION
5	3:30 PM	GETTING TO KNOW YOUR FARMER
4	3:30 PM	WILD FOOD FORAGING AROUND THE
		FORESTS OF NORTH ARM FARM
6	3:30 PM	EVERYTHING YOU NEED TO KNOW TO
		FIND THE RIGHT KNIFE
7	4:30 PM	CREATIVITY WORKSHOP
4	5:30 PM	SOCIAL TIME

6:30 PM AN INDIGENOUS CANADIAN DINNER

COOKSCAMP SOCIAL BY THE FIREPIT

8:00 PM

10:00 PM CURFEW

WEDNESDAY

SEPTEMBER 14

1	8:00 AM	BREAKFAST
3	8:30 AM	STAND TALL PILATES
4	8:30 AM	WILD FOOD FORAGING AROUND THE
		FORESTS OF NORTH ARM FARM
2	9:00 AM	FROM TIP TO TAIL: STUGREON
7	9:00 AM	I LOVE WHAT I DO, I AM GOOD AT
		WHAT I DO, WHAT'S NEXT?
7	10:00 AM	MIND THE BAR - LIFEWORKS
7	11:00 AM	HOW TO NAVIGATE THE FUTURE OF
		OUR INDUSTRY
1	1:00 PM	LUNCH
7	2:00 PM	KEYNOTE SPEAKER
1	3:00 PM	COLLABORATIVE FAMILY MEAL PREP
1	6:30 PM	CANADA'S LARGEST FAMILY MEAL
4	8:00 PM	COOKSCAMP SOCIAL BY THE FIREPIT

10:00 PM CURFEW

THURSDAY

8:00 AM BREAKFAST BY 10:30 AM DEPARTURE



INFO + FIRST AID

DRINKING WATER

WASHROOM

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